

Serving Sizes per learner

- Milk - 1/2 cup
- Vegetable - 1/2 cup
- Fruit - 1/2 cup
- Bread - 1/2 slice
- Cereal - 1/3 cup
- Meat - 1/2 oz.

APRIL 2024

MON	TUE	WED	THU	FRI
1 NO SCHOOL EASTER MONDAY	2 PEACHES & GRAHAM CRACKERS ----- RITZ & GOGURTS	3 CHEX MIX & RAISINS ----- FRUIT CUP & WHEAT THINS	4 VANILLA WAFERS & APPLESAUCE ----- GOLDFISH & JUICE	5 PRETZELS & RAISINS ----- ANIMAL CRACKERS & FRUIT CUP
8 BELVITAS & JUICE ----- RAISINS & VEGGIE STRAWS	9 RITZ CRACKER & GOGURT ----- CHEESE ITS & JUICE	10 APPLESAUCE & GRAHAM CRACKERS ----- STRING CHEESE & SALTINE CRACKERS	11 CHEX MIX & RAISINS ----- FRUIT CUP & WHEAT THINS	12 VANILLA WAFERS & APPLESAUCE ----- GOLDFISH & JUICE
15 PRETZELS & RAISINS ----- ANIMAL CRACKERS & FRUIT CUP	16 BELVITAS & JUICE ----- RAISINS & VEGGIE STRAWS	17 RITZ CRACKER & GOGURT ----- CHEESE ITS & JUICE	18 APPLESAUCE & GRAHAM CRACKERS ----- STRING CHEESE & SALTINE CRACKERS	19 CHEX MIX & RAISINS ----- FRUIT CUP & WHEAT THINS
22 VANILLA WAFERS & APPLESAUCE ----- GOLDFISH & JUICE	23 PRETZELS & RAISINS ----- ANIMAL CRACKERS & FRUIT CUP	24 BELVITAS & JUICE ----- RAISINS & VEGGIE STRAWS	25 RITZ CRACKER & GOGURT ----- CHEESE ITS & JUICE	26 APPLESAUCE & GRAHAM CRACKERS ----- STRING CHEESE & SALTINE CRACKERS
29 CHEX MIX & RAISINS ----- FRUIT CUP & WHEAT THINS	30 VANILLA WAFERS & APPLESAUCE ----- GOLDFISH & JUICE			